

The Pitt Capsule

THE UNIVERSITY OF PITTSBURGH
SCHOOL OF PHARMACY



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Welcome back!

By Kyle McCormick

Congratulations Class of 2016!

You have made a wise investment in your future in choosing to study pharmacy at the University of Pittsburgh. And to everyone else, welcome back!

David Steeb, national president of the American Pharmacists Association - Academy of Student Pharmacists (APhA-ASP), laid out his vision for the upcoming year with the theme "Make Your Mark". We've all heard the phrase before but have we ever stopped to think about the degree of difficulty in that seemingly simple piece of advice?

"Making your mark on the world is hard. If it were easy, everybody would do it. But

it's not. It takes patience, it takes commitment, and it comes with plenty of failure along the way. The real test is not whether you avoid this failure, because you won't. It's whether you let it harden or shame you into inaction, or whether you learn from it; whether you choose to persevere."

You see, the phrase "Make Your Mark" carries more weight than one might think. We have set out to make our marks on the world through a career in pharmacy.

Along the way, our patience will be tested, we will invest many hours, and inevitably we will face failures. In the end, the size of our mark on the world and profession will be determined by our persistence and commitment, and the shape of the mark determined by our response to mistakes.

I want to focus on one of these - commitment. In pharmacy, there are several types of commitment: to the profession, to other healthcare providers, and especially to patients. One way to strengthen your commitment to the profession is to get involved in professional pharmacy organizations. We are lucky enough to have 11 of these organizations active on campus. Whatever area of pharmacy you wish to get involved in, there is an organization to help you. APhA-ASP is a good starting point because it is the broadest pharmacy organization, offering something for everyone.

APhA-ASP is the nation's largest student pharmacist organization and serves as the unifying organization

within our School of Pharmacy, enhancing communication and coordination between the different organizations. Our goal is to provide student pharmacists opportunities to advance their skills as young professionals outside of the classroom. To help us achieve this goal we have several unique committees which encourage students to advance their patient care skills, advocate for the profession, collaborate with other healthcare professionals, learn and act on international pharmacy issues, and socially engage peers.

To illustrate the diversity of our offerings, here are some examples of last year's events:

- American Pharmacists Month PhLASH Mob

- GenerationRx CE to teach pharmacists intervention techniques with prescription drug abuse
- AIDS Benefit Concert
- Legislative Day in Harrisburg to advocate for legislative issues facing pharmacy

You will have the opportunity, and I encourage you, to find out more about each committee at today's committee fair. Regardless of your interests or career goals there is something for you in APhA-ASP.

This year, we hope to collaborate with school, community, and other health science organizations to plan innovative events and projects that maximize student involvement and, more importantly, patient impact.

We challenge each of you to participate in at least one patient

care outreach activity, advocacy campaign, global health initiative, and social event. Your involvement in APhA-ASP will help you advance your skills, broaden your knowledge of the profession of pharmacy, and begin to etch your *mark* in the lives of patients and the pharmacy community.

Feel free to contact me or another executive board member if you have any questions, comments, or suggestions. We look forward to meeting and engaging new and returning members. Here's to a new school year full of opportunity - it's time to *make your mark*!

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Prefer announcements via email?

You can now receive all class announcements, school announcements, and scholarship/career opportunities by email. Simply follow these steps:

1. Locate this box above or under the set of announcements you wish to receive

 **Prefer emails?** enter your email below to receive these updates by email

Email Address:

2. Enter your email address and click submit
 3. Check your email and confirm the message
- IMPORTANT:** Check your email's spam/virus folder if you do not receive an email. You must approve the sender.

You should now receive a daily report anytime an announcement is made. If you want to receive multiple sets of announcements (i.e. class announcements and scholarships) you must subscribe to each separately. Please direct any questions you have to PittPharmDIT@gmail.com. For more useful tips and tutorials, visit www.porxtal.com and click on "Portal Tutorial" under the Portal Home tab.

Cheerio,
Your PharmD IT Committee

Meet the APhA-ASP Executive Board

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CARE
COLLABORATE
COMPETE
Fall Leadership Retreat
September 8, 2012 ~ 12-4:00 pm

Fall Leadership Retreat:

Care, Collaborate, and Compete

A Planning Session for Our 2012-2013 School Year

September 8, 2012

12:00-4:00 pm, O'Hara Student Center

Objectives

- Through friendly competition, increase involvement in organizational events related to Operation Inspiration
- Design at least one extremely innovative project that will have a huge impact.
- Collaborate across organizations, using the strength of the ASP umbrella organization to maximize impact and involvement.
- Relate the project to the objectives of ASP and the respective other organizations.

Dean's Theme – Operation Inspiration!

Sign up now! - bit.ly/Nf5WMA

Teaser -



PLS Kicks School Year Off With Leadership!

By Tina Elgin

Whether it's your first year or last year of pharmacy school—you've probably already had a chance to hear from Phi Lambda Sigma this year! We kicked off the semester with orientation programming for the new P1's, as well as the mentoring program. PLS members, in addition to other leaders in the school, began their term as mentors for the entire year. This mentor will help welcome the P1's to the school and serve as a resource for advice on classes, navigating through the various organizations and balancing the crazy life of a pharmacy student. We are happy to see this program continue as a tradition to help guide and support our new peers.

The beginning of a new school year might be the perfect time to ask yourself: what kind of leader are you? You have the perfect opportunity to find out at the PLS Fall Leadership Retreat! APhA and PLS are teaming up again for this semester's retreat to bring the whole school together for the theme that was chosen at the spring leadership retreat: Operation Inspiration. The goal for this retreat is to have all the different organizations and classes in the school come together to brainstorm and implement patient care projects pertaining to the theme. In addition to planning and organizing these projects, there will be leadership building activities and games to help develop your

leadership skills! This is a great opportunity for all students, regardless of class or leadership in organizations. We greatly encourage P1's to attend the retreat to start reaching out beyond the walls of the classroom and see the kind of difference you can make!

In addition to continuing these various programs, PLS is planning for the future by tapping into our past by strengthening our alumni network! This initiative is meant to help the current PLS members strengthen their leadership skills and to develop into more confident professionals. We are also looking forward to reviewing applications for new membership. Members of all classes are encouraged to apply. Applications will be made available on the student portal in November and will be due in January. Keep in mind this application involves a letter of recommendation from a current PLS member, so consider getting involved in PLS activities to help form new relationships!

With the new executive board taking over this fall, we are very excited for what the new year has in store for our organization. We are looking forward to continuing to grow as individuals, as an organization and as leaders in our school and community.



Mu brother Kyle McGrath along with other national brothers of PDC at LDS in Lexington, Kentucky.

A Day At The Races With PDC

By Kyle McGrath

The brothers of the Mu Chapter of PDC are getting pumped for yet another new year of brotherhood in Salk Hall. Over the summer, four brothers (Jon Faix, Ron Heisel, Craig Dennis and myself) attended the national event put on by Phi Delta Chi titled Leadership Development Seminar or LDS in Lexington, Kentucky.

The focus of the conference was learning to develop skills as a leader not only in our chapters of the fraternity but also in our future as pharmacists. The two key phrases constantly reiterated to us

In the news...

FDA APPROVES NEW WEIGHTLOSS DRUG

In July, the FDA approved the second obesity drug this summer. Qsymia. This drug is intended to aid in weight loss in patients with a BMI of greater than 30, or a BMI >27 with associated risk factors such as hypertension or hyperlipidemia.

In a one year, randomized trial, patients receiving the recommended dose saw a mean weight loss of 6.7%, and those taking the maximum dose had a loss of 8.9%.

Due to concerns over safety, this medication is not recommended for those who are pregnant or have heart disease. Patients taking this medication should have their heart rates monitored regularly.

Other adverse effects include dry mouth, insomnia and constipation.

throughout the four days of modules were "Baby steps to accomplish giant goals" and "Communication is key; Knowledge is power."

Through the long road trip there and back as well as nightly mixers with our other brothers nationwide, the four of us came together to have a better understanding of what it means to be brothers of PDC.

This year we are looking forward to meeting the newest members to Salk Hall by hosting various rush events for the new P1 males interested in joining a fiercely loyal brotherhood of aspiring pharmacists. Some of the events include an informal lunch information session, watching a Steelers game at a brother's house, and a joint picnic with the ladies of LKS.

We will also be participating in various service and professional projects through out the year to get our name out to the community at large as well as hosting a variety of different social events to strengthen the already deep bond we hold as brothers. We look forward to meeting you and having yet another great year in Salk Hall!

Alterum Alterus Auxillio Eget.

Social Committee Hosts Back To School Party

By Ashley Firm

Social Committee would like to extend a Welcome Back to all the students who were unable to make the back to school picnic held on August 28th at the Veteran's Pavilion. We had a good time with PDC manning the grill and Kappa Psi, LKS and the ASP E Board each creating a game. The dessert competition was pretty stiff with many yummy entries!

The first social committee meeting will be Wednesday September 19th from 12-1 in the PCLC. Everybody is invited to attend and provide their input on Pharmacy weeks, Formal and other events for the year. If anybody is unable to attend but would like to be on the email list, please email asp.social.com@gmail.com.

Patient Care Has Exciting Events Planned

By Katie McGuire

The APhA-ASP patient care committee is getting ready for another exciting year! We are continuing to work on preventing prescription drug abuse in the community through the Generation RX initiative. Our committee hopes to help parents better understand prescription drug abuse and how to protect their children by giving presentations to PTAs and other parent groups throughout the semester.

Additionally we will be working with Giant Eagle to better educate the local community about prescription drug abuse. Finally we are hoping to have a mini series

for student pharmacists to learn about prescription drug abuse in the spring semester.

We are also working on Project Chance at the Birmingham Clinic. Students will have the opportunity to participate in training sessions before visiting the clinic to educate community members about hypertension.

We are currently looking for committee members interested in any of these events and more. Any questions or project ideas please contact us at asppatientcare@gmail.com or come talk to Sam Becker (P3) or Katie McGuire (P2). Our first patient care committee meeting will be held on Thursday, September 20 at noon.

Beta Kappa 6th In Nation!

By Jon Lucas

Welcome back from Beta Kappa!! Our main update from this summer was being recognized as the 6th best collegiate chapter nationally as well as best chapter in Province II! Also, we would like to congratulate brother Luke Berenbrok who was one of only eight brothers across the nation awarded a Kappa Psi Pharmaceutical Foundation Scholarship.

Despite having brothers scattered across the country working hard at internships and rotations and pursuing post-pharmacy school goals, we managed to keep in touch through email and various events like the annual House Lift. Brothers reunited in August for the event and now the house looks amazing after all the fixing, cleaning, and redecorating! We appreciate all the help from those who participated! Thank you!

With the school year underway, the BK brothers



Kappa Psi, Beta Kappa Fall Pledge Class 2011.

look forward to a busy fall semester filled with upcoming rush and pledging events. The brothers are very excited to meet the incoming PIs and welcome them to come check out all the rush events. Keep an eye out for further announcements about the rush schedule and be sure to visit our booth for more information at the Back to School Picnic!

Start Locally, Think Globally With PPA

By Brandon Antinopoulos

So, you've heard about all the national organization meetings you can go to and have fun networking with other students and pharmacists. A little overwhelmed by the grand scale of it? Well start small with PPA!

PPA, the Pennsylvania Pharmacists Association, is the leading voice of pharmacy in our state that promotes the profession through advocacy, education, and communication to enhance patient care and public health. As a student member, you receive many benefits that practicing pharmacists receive at a very discounted rate. Those benefits include the latest state related pharmacy information, attending the association's annual and mid-year meetings, and participating in student competitions such as the Achieving Independence Independent Pharmacy Competition and OTC Jeopardy to name a few. Membership dues also cover membership in ACPA, the Allegheny County Pharmacists Association, which holds monthly meetings between Pitt's and Duquesne's campuses. ACPA will be hosting a Back to School Picnic at the Vietnam Veterans Pavilion on September 5th. It's a great way to meet potential preceptors (and employers) in a smaller, more laid back setting than with the large national organization meetings. Think of it as practice for when you do go to the large national meetings!

When most people hear the term "advocacy" they think letter writing campaigns to legislators and putting up flyers promoting a cause. Well, that's mostly right, but it doesn't have to be only that. Just this past year was the school's first ever Phlash Mob. Held in October during American Pharmacists Month, SPAN/PPA will continue the tradition of planning the school's Phlash Mob each year. You can check out last year's by going to YouTube and searching "Phlash Mob" or by typing in this URL: <http://www.youtube.com/watch?v=l3rXewtwO6I>

Another new thing PPA is working on is pharmacy cover songs! The Phunk Inducers, the school's unofficial music group, is developing a music video for their first song, "Pharmacy Rocks-Anthem," a cover to LMFAO's "Party Rock Anthem." The group was asked to perform at the University of Pittsburgh School of Pharmacy's Alumni Gala, and now their music has a chance to be used to promote the profession to the community through PPA. If anybody out there wants to take part in this new form of advocacy for the school and the profession, PPA is where you need to be!



Pharmacy students participate in Phlash Mob at the Pete.



The Phunk Inducers.

Can't wait to join all the PPA fun? You're in luck! PPA's 2012 Annual Conference is quickly approaching, being held September 20-23 in Scranton, PA. Registration for student members is \$79, and the rooms are usually inexpensive when split between four occupants. If interested in joining PPA and/or attending the annual conference, go to www.papharmacists.com to sign up, or you can contact Brandon Antinopoulos, the school's chapter delegate, at anb131@pitt.edu. Be sure to find him and the University of Pittsburgh PPA Chapter on Facebook as well as PPA, and follow him and PPA on Twitter @BAntinopoulos and @PAPharmacists for the latest PPA news.

Interested in contributing to the Pitt Capsule?

If you'd like to share articles, editorials, pictures, cartoons, news updates, or anything else to the Capsule – please contact Nicole Romstadt at pittcapsule@gmail.com. Your contributions are appreciated!



LKS sisters Molly Wilson, Kelsey Barclay, Allison Supko, and Stef Drahuschak attended LKS Convention in San Diego this summer.

Welcome Back From LKS!

By Shayna Stout

The sisters of Lambda Kappa Sigma would like to welcome everyone back for another year! The sisters pictured above attended the LKS Convention trip to San Diego over the summer, where they were presented with the Chrysanthemum award for having an astounding number of new members join the chapter last year!

The sisters of LKS kept themselves very busy last year with service projects, as they hosted the annual What Not to Wear Event, as well as volunteering at a “Teal-Tini” event in Bakery Square, both of which raised money for the NOCC (National Ovarian Cancer Coalition). The LKS sisters also worked at a haunted house in the fall, and donated their money to charity. Additional service and professional projects included

volunteering at the Ronald McDonald House at Children’s Hospital and Family House in Oakland, tabling for poison prevention and ovarian cancer, Relay for Life Team, a “water walk” that the School of Pharmacy worked on with Amizade, and frequent bake sales which benefitted Project Hope (LKS’ national philanthropy). Lastly, LKS sister Stef Drahuschak started working with NOCC to raise money and awareness for ovarian cancer through tabling, as well as selling teal bracelets and pins. As for this year, the sisters will be doing similar service and professional events; however, some of the focus will be geared toward the LKS women’s health issue of the year, which is diabetes, and the professional projects will be focused toward the Dean’s theme for the year, which is Operation Inspiration.

Social events always allow for great opportunities to interact not only with the sisters of LKS, but also with the brothers of both PDC and Kappa Psi. Social events last year included the Black and Pink Powderpuff team, in which the girls of LKS faced off against the ladies of Kappa Psi, as well as LKS’s annual formal with Phi Delta Chi.

To ensure enough funding for service, professional, and social events, LKS has many unique fundraising opportunities. Last year, fundraising included Yankee Candle sales, as well as sisters working for Landmark security at Steeler games. LKS’s annual white coat and clothing sale are also a big hit throughout the pharmacy school, offering students as well as parents an opportunity to buy their School of Pharmacy gear and white coats.

LKS would like to welcome the new P1 students! We are excited for you to learn more about the School of Pharmacy’s amazing organizations, and hope that you will consider joining Lambda Kappa Sigma!

SSHP Teaches About Hospital Pharmacy and Residencies

By Anna Bondar and Sudha Mokkapati

If you’re interested in learning more about residencies or hospital pharmacy practice, then SSHP (Student Society of Health-System Pharmacists) is the organization to join! We are the student chapter of the state society, which is a part of the national organization American Society of Health-System Pharmacists (ASHP). The organization provides students with information and resources regarding hospital practice in fields such as management and clinical pharmacy. ASHP is responsible for the national pharmacy residency match, and oversees the annual Clinical Skills Competition. Our own student chapter, SSHP, is in charge of the local Clinical Skills competition in

October, which sponsors the winners on a free trip to the Mid-Year ASHP residency showcase. Our chapter also hosts various speakers throughout the year to give students tips on career paths, residency preparation, and hospital rotations. One of the biggest events that SSHP hosts is the school-wide residency panel, which will take place in November. This is a great forum for students of all classes since it is never too early to start exploring residencies.

Stop by our first meeting this Thursday (8/30) at 12pm in 1400 Posvar to hear about all of our planned events for the semester and ways you can get involved too! Feel free to contact us at pitt.sshp@gmail.com

The Other Schools of Health Science at Pitt

By Jessa Koch

As the school year gets started, we focus on our pharmacy education and activities but forget to look beyond Salk Hall. Here at the University of Pittsburgh, there are seven schools of health science including: pharmacy, dental, medical, rehab science, nursing, public health, and social work. There is one student organization on campus that is for students from each school. That organization is IHI-the Institute of Health Care Improvement Open School Chapter. This year, we are planning a number of different collaborative events including but not limited to: journal clubs, quality improvement projects, poster sessions, patient case presentations, and social events. If you are interested in working with students from other schools to improve

health care in a collaborative manner, look for details about upcoming events. Check out <http://www.health.pitt.edu/> for various lectures occurring each week for all health science students.

Another great way to get involved and meet students from various different schools is through the Jewish Health Care Foundation's Salk Fellowship. This program runs from October-April for students of all fields in health care. This year's fellowship will focus on cultivating leadership skills in future health care professionals. Check out <http://hcfutures.org/fssalk.html> for more details and to apply.

Contact me with any ideas or questions at jmk130@pitt.edu. There will be an interprofessional committee meeting later this month, with a date TBD.

Rho Chi Offers Many Services to Students

Greg Trietley

Rho Chi doesn't induct members until the spring of P2 year, but there are plenty of opportunities to get involved with the pharmacy school's academic honor society right from your first day in Salk Hall.

Rho Chi, in conjunction with Phi Lambda Sigma, offers a monthly lecture series (with lunch!) that features notable figures across pharmaceutical disciplines. The first is Wednesday, Sep. 12 at noon in Salk Hall 456—the guest speaker is Mike Romano, former chairman of Pennsylvania's board of pharmacy.

But wait, there's more!

Rho Chi also runs blood drives, other health talks, business card sales and a tutoring program. If you're struggling with first order v. zero order in Principles of Drug Action or can't wrap your head around transcription and translation in Biochemistry, the tutoring service may be for you. Keep an eye out for future announcements about it.

The first blood drive is scheduled for Monday, Oct. 8. Check out next month's Pitt Capsule for details. In past years, Rho Chi has also sold laminated "cheat sheets," which contain medical abbreviations, in-range lab values, empiric antibiotic treatment choices and more. They're a metaphorical—and possibly actual—life saver in pharmacy school and in the field. We'll likely be sending P3 salespeople to your

classrooms this fall.

Once you give some blood, listen to a guest lecturer and study your cheat sheets, you'll be well-prepared for induction into Rho Chi in your second year of pharmacy school. Membership invitations are extended to the top 20 percent of the class after the fall of P2 year. The Rho Chi Society encourages and recognizes excellence in intellectual achievement and fosters fellowship among its members. Further, the Society encourages high standards of conduct and character, and advocates critical inquiry in all aspects of pharmacy.

For questions about the Pitt chapter of Rho Chi, please feel free to e-mail us at pittrhochi@gmail.com.

P2 Class Update

By Trey Draude

The Class of 2015 is back and excited to dive into our P2 year. We are striving for high attendance at the upcoming fall leadership retreat and are excited to implement some ideas towards this year's Deans Theme! We are also excited to have some pharm pun at some upcoming back to school parties as well as a class camping trip!

Getting To Know AMCP

By Deanna Rowe

Whether you are just starting as a P1 this year, you've been working in retail all summer in preparation for P2 or maybe you are thinking about that hospital rotation coming up as a pre P3 - it never hurts to reassess and think about what area of pharmacy piques your interest. Maybe this year you will find a new path that leads you in a direction you never even imagined! Often hailed as pharmacy's best-kept secret, managed care could be the best fit for you.

The Academy of Managed Care pharmacy (AMCP) is an organization that is the school's connection to managed care. Pharmacists employed within

managed care organizations are responsible for an extensive, varied range of clinical drug management services.

AMCP will be holding monthly meetings this year that will include discussions about residencies, internships, and the chance to meet pharmacists who currently practice within managed care. In the spring, students will have the opportunity to compete in AMCP's annual Pharmacy and Therapeutics (P&T) competition where the winning team will have the opportunity to win an expense paid trip to the national meeting in San Diego!

Regardless of where you choose to practice pharmacy, you can benefit by understanding concepts in managed care since they can apply to many different career paths. So if you're even the slightest bit curious or interested, consider attending our first meeting in September! Feel free to contact myself (dmr48@pitt.edu) or Mike DeAngelis (mad148@pitt.edu) with any questions.



SNPhA members Cody Moore, Elsa Tchakoute and Eric Abanquah attended the annual conference in Las Vegas.

Association, is a service organization that strives to serve the underserved population and promote diversity within the pharmacy profession. The Pittsburgh chapter of SNPhA has chosen several health initiatives to promote within the targeted underserved populations. These initiatives include immunization awareness, diabetes education, and smoking cessation. Examples of projects conducted by SNPhA in the past also include; assisting with immunization clinics at Falk Pharmacy, blood-pressure training sessions for first year pharmacy students, community health fairs, and much more.

This upcoming school year, SNPhA is looking forward to many new opportunities to serve the community. We are looking forward to conducting patient care projects related to the school wide initiative, Operation Inspiration. We hope to increase membership within our chapter as well as collaborate with other organizations within the school to fulfill our objectives and reach as many patients as possible!

Lastly, an exciting update from this past summer! In July, SNPhA members Cody Moore, Eric Abanquah, and Elsa Tchakoute, traveled to Las Vegas to attend SNPhA's annual conference. These members qualified as top ten finalists in the national business skills competition and were given the opportunity to present a business model proposal to a group of Target Pharmacy representatives. Although we did not bring home the gold, this was still a great opportunity for our members and we look forward to competing again next year!

Keeping Up With SNPhA

By Cody Moore

As undergraduates, pre-pharmacy students are able to participate in SNPhA by attending meetings and shadowing patient care projects conducted by University of Pittsburgh pharmacy students within the community. Upon admission into pharmacy school, a SNPhA member's opportunities to care for patients within the community expand tremendously. So, what exactly is SNPhA and how can you as a pharmacy student benefit from continuing or obtaining new membership?

SNPhA, or Student National Pharmaceutical



Pitt and Duquesne ISPF members with SEP students at historic Fallingwater in Mill Run, Pennsylvania.

Willkommen. Bem-vindo. Καλώς Ορίσατε. 환영합니다.

Welcome from IPSF.

By Ravi Patel

Welcome to all the P1's and welcome back to all other classes. The International Pharmaceutical Student Federation (IPSF) is a committee under the APHA-ASP, meaning that all members of ASP are also members of IPSF. The focus of this international organization is to allow pharmacy students to promote health and their profession through a global network. Our national chapter, through ASP, promotes interest in public and global health and fosters collaboration between schools through campaigns and projects. The school chapter level is your connection to these

opportunities and experiences. Our past year's events included hosting a World AIDS Day speaker, planning the 5th Annual Amizade Water Walk, and organizing the Medical Spanish series.

The most unique opportunity we offer is the Student Exchange Programme (SEP). Through this program, students have the opportunity to experience pharmacy abroad in one of 600 sites in over 60 countries. While Pitt School of Pharmacy students have enjoyed the chance to learn about pharmacy around the world, we also have the chance to host visiting students. This summer, we hosted students from the UK, Singapore, Slovakia, and Spain. We collaborated with Duquesne's IPSF chapter to plan a month-long rotation for our SEP students. They had the chance to experience the many different roles pharmacists play in our healthcare system through experiences in community, in-patient, out-patient, and managed care pharmacy. We helped balance work with fun through social events including restaurant tours, camping trips, salsa nights, and, of course, a Pirates game. In the midst of all the fun, we know their experiences offered them unique, educational insight to our healthcare system and our profession.

We wish our students a warm "adieu" and offer the same sentiments to summer as we look forward to our exciting year. Our theme for this year is "The World at Your Doorstep." Events about opportunities in pharmacy abroad, learning from foreign practitioners/students at our school and local healthcare systems, and continuing our language and speaker events from last year will inform students about the numerous global opportunities for pharmacists and our School's access to these resources. We look forward to having you join us on our tour of the world at your doorstep—no passport required.

Get Involved With Project CHIP (Controlling Hypertension Interprofessionally in Patients)

By Jessa Koch

Want to work with patients? Interested in collaborating with students from different health professions? Looking for a new opportunity to get involved in this school year? Then get involved in Project CHIP!

The University of Pittsburgh School of Pharmacy was one of five pharmacy schools nationally to receive a \$10,000 Project CHANCE grant to carry out a collaborative patient care project at a 340B site. That winning project is Project CHIP. The purpose of Project CHIP is to work with patients who have hypertension in order to educate patients on how to manage their hypertension, ultimately following up with patients at future visits to continue to improve disease management. The project takes place at the

Birmingham Free Clinic on the South Side of Pittsburgh. The Birmingham Free Clinic (BFC) is a volunteer-staffed, free walk-in clinic, which provides primary care and pharmacy services to the region's uninsured. A typical patient visit consists of an initial intake with a health professional student, a physician visit and ends with a pharmacist visit for counseling and dispensing of medication. Project CHIP allows students from different professions to be involved in all pieces of the patient visit.

We have been hard at work all summer planning and beginning to implement Project CHIP at Birmingham and are very excited to kick off the project this school year. If you are interested or have any questions, please email them to pittprojectchance@gmail.com. Look for details about a training session in September as well!