



Happy Spring

PITT CAPSULE

SCCP Updates! **Ryann O'Neill, SCCP Secretary**

In February, SCCP installed its new officers. Many of the original officers kept their roles for the upcoming year, but we welcomed two new P1 officers: Linda Huang as the President-Elect and Megan Thornberg as the Student Liaison. These two will be instrumental in planning the big things that SCCP has in the works for the next year. Congratulations to the new officers!

The chapter has begun discussing new events for the next year, including involvement with Primary Care Practice. PCP is an organization through the School of Medicine that creates patient cases to be solved by students. SCCP's involvement could lead to more pharmaceutically relevant cases and improved interprofessionalism.

On March 5th, SCCP and Rho Chi held student-led discussion about research and mentorship experiences with various faculty. SCCP has been glad to be working with Rho Chi and the other Pharmacy School organizations throughout the year. We look forward to more events like this in the future.



Remember, the ACCP Clinical Pharmacy Challenge is coming up! The practice event date is TBD.

PPA Dean's Theme & End of the Year Wrap-up **Brittney Knass, PPA Communications Ambassador**

PPA was excited to have our first ever Dean's Theme event in Holland Hall! Our committee had worked very hard on their posters and they finally got to be put to good use.

We were able to educate and talk with the residents on OTC products that are commonly used for women's health purposes. We are also looking forward to our presentation for the Pitt Women's Health Club and a few more tabling event at University Pharmacy in order to impact as many women as possible.

We want to thank Kelsey Moss and Jenn Fever who will be representing our chapter at all of the policy meetings during APhA annual in San Diego!



Our last big event for the semester will be Legislative Day which is April 13th. We are very excited that so many students have signed up to attend, participate in tabling events and meet with their legislators!

Finally, we want to congratulate and welcome our new E-board for next year! Jenn Fever as Policy VP, Brandon Barry as Policy VP Elect, Laura Yost as Communications Ambassador, Emily Bobrzynski as Legislative Ambassador, and Marissa Badzik as Membership Ambassador. We are looking forward to all PPA will accomplish next year with these great leaders in charge!

Wishing everyone a great summer and the best of luck to the graduating P4s and the P3s starting rotations!

Rho Chi: Last update of the year! **Meera Vachhani, Rho Chi Historian**

It is hard to believe that the year is winding down to an end, congratulations to everyone for making it through alive! With the year coming down to the end, Rho Chi members are also ready to pass on the reins to the next class. Congratulations to the officers for the 2015-2016 school year:

President: Keito Hoshitsuki
Vice President: Melissa Bastacky
Treasurer: Meredith Bollinger
Secretary: Andrea Evankovich
Historian: Kaley Hayes
Tutoring Co-chairs: Kyle Zacholski and Lauren Woolley
Service Co-chairs: Emily Steltenpohl and Keith Long
Professional Co-chairs: Brittany Hardek and Kaitlin Zeis

In an attempt to keep this short and sweet, here are a few more things to wrap up the school year: thank you to everyone who came out to the Student Special Topics session and standardized patient practice sessions for the P1s! We hope that everyone learned a lot and we would appreciate any feedback that you had to improve these events for next year. We would also like thank everyone for attending the Koch lecture and hope everyone enjoyed hearing Dean Vanderveen speak as much as we did. And with that, it is time to bring this year to a close from the members of Rho Chi! Good luck with finals!

SIO Updates!

Kerry Moore, Communications VP

On March 16th SIO hosted a guest speaker, Dr. Kara Sperandeo, an alumna of our School of Pharmacy. She is currently a National Clinical Account Manager in Managed Markets for AstraZeneca Pharmaceuticals. She spoke to an intimate group of SIO members about the nature of her field-based work and how her previous experiences working in managed care and community pharmacy have helped her be successful in her current position.

Dr. Sperandeo's national accounts include Cigna and Aetna, and she represents AstraZeneca clinically to these organizations when they are making formulary decisions. She works closely with the sales representatives who write the reimbursement contracts, but her role is to provide clinical information on AstraZeneca's products to the P&T committees.

She believes that a role in pharmaceutical industry, specifically working with managed market account to, requires strong clinical knowledge as well as business and networking skills. This is an exciting and changing time in her field, with many contracts moving towards Health Economics and Outcomes-based contracts, because plans are looking for high performance as well as cost benefits. SIO is grateful that Dr. Sperandeo was able to come and educate us about a very unique role of pharmacist position within pharmaceutical industry!



Goodbye Old and Hello New! Daisy Zhu, APhA-ASP Communications VP

Happy April! We would like to use the last issue of the Pitt Capsule to announce some good news!

First of all, we are so excited to welcome the new Eboards:

President-Elect: Archita Achanta
 Patient Care VP-Elect: Lindsay Jablonski
 Professional Development VP-Elect: Rebecca Wytiaz
 Policy VP: Jennifer Fever
 Policy VP-Elect: Brandon Barry
 Interprofessional VP: Stephanie Tchen
 International VP: Andrea Evankovich
 Social VP: Alexa Hospodar
 Communications VP: Daisy Zhu

Also Price is the Right is on April 7th, the social committee will be sending out an email soon. Make sure you put your best guessing hat on and come for some fun!

The APhA-ASP annual conference will be held in sunny San Diego in late March. It is a shame that issue is due before the flights take off, but we will be very happy to share our experiences with you through social media! You missed this time? Don't worry. The 2016 APhA-ASP annual will be held in Baltimore, Maryland and we would all be excited to see you there!

AMCP Updates Brent Milovac, AMCP Communications Chair

As the semester nears its end, we'd like to thank this year's active members for helping us continue to grow the chapter. There's still time for any interested P1's or P2's to look into last-minute openings for managed care intern positions around town. E-board members Jennifer Baird, Janetta Geronian, and Vivian Nguyen would be valuable contacts to help guide students through the process.

This past month, Pitt AMCP had the honor of hosting the Northeast Regional Affiliate Meeting, where managed care pharmacists and pharmaceutical industry professionals joined Pitt and Duquesne students to address a number of topics. Over a bountiful spread of Italian cuisine, attendees had the pleasure of listening to Dr. David Baker—a pharmacist at Pharmacy Quality Solutions—explain the impact of evolving quality measures for insurers.

Also of note was Pitt's distinction as AMCP's Chapter of the Month. A spotlight chronicling several of our recent superstar activities was featured on the national organization's website. Scouts from around the country have been pouring in since word broke, and we're not upset about it. For all of us here at Pitt AMCP, I'm Brent Milovac. You stay classy, Pittsburgh. And thanks for stopping by. But—mainly, stay classy.

SNPhA Updates

Tyler Halfhill, SNPhA President

SNPhA is excited to finish off the 2014-2015 school year with a bang! On March 22 SNPhA will be going to Uniontown, Pennsylvania to hold a Health Fair for the Loving Hands Senior Center! We will offer medication counseling under the supervision of a pharmacist, and we will have 6 stations set up that coincide with the 6 SNPhA National Initiatives: Stroke, Immunizations, HIV/AIDS, Chronic Kidney Disease, Legislation, and Diabetes. The seniors are very excited for us to come and answer any questions they have regarding their medications!

On March 28 and April 4 SNPhA will be going to Sam's Club in Monroeville to hold a diabetes health fair! We be offering free blood pressure screening, giving out information about diabetes, and reviewing patients' medications. We will be giving out surveys to the patients to assess the effectiveness of our health fair, so that we can make any necessary adjustments for next year. This fantastic project has been set up by our Diabetes Initiative chair, Megan Waser, and we are excited to participate!

Looking forward, we plan on having another HPV event before the semester ends, as well as a blood pressure training session for undergraduates in the residence halls. We will be going to Orlando Florida in July for our National Conference! Additionally, we are planning to have elections on March 30, but we are having an executive board interest meeting on March 25. Please come out if you have any interest in becoming more involved in SNPhA and having a leadership role in the pharmacy school!

SSHP Updates

Brendan Homanick, SSHP Business

Our latest General Body Meeting showcased two nurses from UPMC Presbyterian to share their expectations and uses of pharmacists in their daily practice. It was very insightful for our student pharmacists to hear directly from critical personnel of the hospital staff for their perspective.

It was beneficial to learn what they are taught in nursing school, their common questions and concerns about medications, and how a pharmacist could positively impact the nursing team.

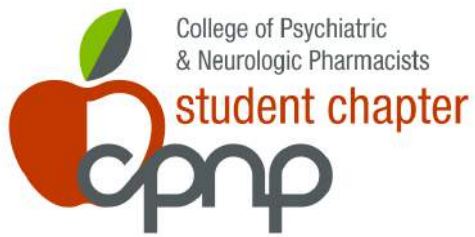
The Student Society of Health-System Pharmacists is excited to announce the newly elected executive board for the 2015-2016 school year. Our President-Elect, Kerry Moore, will fulfill her role as President next year. The following students will be joining her on the executive board: President-Elect- Kelsey Haller, Vice President- Brittany Jordan, and Business Manager- Alyssa Davis. The following chair positions will be filled by: Professional Project Chair- Kyle Zacholski, Professional Project Chair-Elect- Tyler Ginn, Career Development Chair- Lindsay Jablonski, and Fundraising Chair- Heather Johnson, to ensure a successful year for SSHP.



Nurse Tom speaks to student pharmacists about common reasons nurses reach out to pharmacists.

As the school year is coming to an end, we would like to thank the current executive board for all of their time and hard work over the past year to make the year successful! SSHP wishes all student pharmacists a happy and successful end of the semester and remember to "Like" us on Facebook for the most up to date information, or contact us with any questions about projects or events at pitt.sshp@gmail.com.

CPNP Updates
Rebecca Campbell, CPNP President



Over the past month, CPNP has been very busy with some exciting events—from discussing the portrayal of mental health in the cinema to shadowing clinical pharmacists at Western Psychiatric Institute and Clinic (WPIC). During spring break, a few of our members attended the Mental Health First Aid USA training, where they enhanced their skills in responding to mental health crisis situations. We plan to continue to broaden our education opportunities with upcoming projects, such as writing for the Ambulatory Detox Quarterly patient newsletter and presenting a nursing in-service on the co-occurring disorders unit of WPIC.

We are looking forward to ending our semester in Tampa, FL, representing Pitt's School of Pharmacy Student Chapter at the Annual CPNP Meeting for the first time. We could not be more proud of the progress CPNP has made over this past year. Our members have already participated in valuable education and networking experiences, and we foresee many more opportunities on the horizon. The new executive board for the 2015-2016 school year has been elected, and we are thrilled to see how our chapter will evolve next year under their leadership.

PLS Welcome New Members!
Lana Avshalumov, PLS Secretary

Phi Lambda Sigma will induct new members to our chapter at the PLS/Rho Chi Induction Ceremony at the Pittsburgh Athletic Association on Tuesday, March 24th. We are excited to welcome the new members and pass on the reigns to the incoming officers.

We wish them the best of luck as they grow as leaders and continue to advance the work of our chapter and the profession of pharmacy. Congratulations to the new members on their new leadership positions!

2015-16 Executive Board and Chair Positions:

President: Madeline Chavara
 President Elect: Billy Wilkinson
 Vice President: Alex Marshall
 Secretary: Kerry Moore
 Treasurer: Ingrid Pan
 Auction Co-chair: Becca Wytiaz
 Mentor co-chair: Nayanika Basu

The third annual Pirates Tailgate with PLS members, which was purchased at the PLS Auction by Dr. Pater and the pharmacy residents, is scheduled for June 8th. It will be a great time for all as members will supply the food and fun before heading to watch the Pirates face the Milwaukee Brewers!

Several PLS members are also traveling to San Diego, California to attend the APhA Annual Meeting at the end of this month! Members will attend the House of Delegates meeting as well as the PLS reception, where they will have an opportunity to learn more about the organization and network with other professionals! We are very proud of the work our members have put into PLS this year, and we cannot wait see what more is accomplished throughout the upcoming year!



Final PDC Updates Tyler Ginn, PDC Secretary

This month has kept our boys in old gold moving. Not only did many Brothers host another diabetes talk at Jeffery's Drug Store, but they also began holding a disease state and medication presentation on hypertension for patients, students, and professionals alike. With philanthropy running through their veins, Brothers Tyler Hoffman, John Chang, and Kyle Zacholski went to Brashear High School as part of Generation Rx to educate students about the dangers of prescription drug abuse. Finally, men from our Chapter took time out of their busy schedules to volunteer at Global Links where they gathered and sorted surplus medical supplies for third-world countries.

As we move closer to the summer, our boys are starting to dust off their running shoes in order to take part in the 38th Annual Rite-Aid Cleveland Marathon in May. We'll be tearing up the streets for three days with our very own Dr. Poloyac and Rite-Aid CEO/Mu Chapter alum, Mr. John T. Standley.

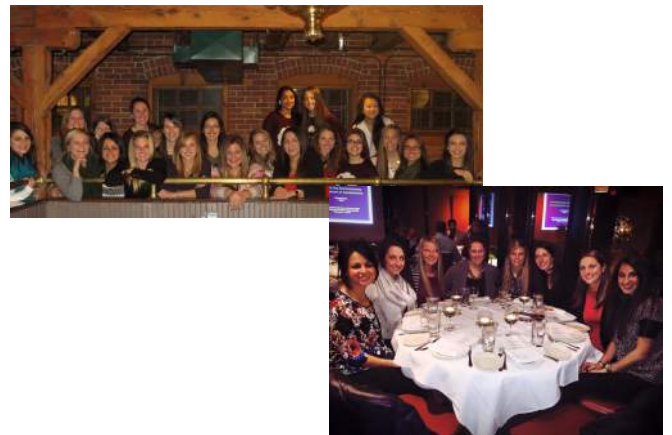


Overall though, it has been a very successful year for Phi Delta Chi – Mu Chapter. While our handsome, new E-board members are now responsible to continue driving PDC on its path to prosperity, we would like to thank the P3's going on rotation for getting us to this point. Lastly, we would also like to give a special shout-out to the P4 Brothers graduating and spreading the values of pharmacy and our Fraternity. HAGS and stay classy, Salk Hall.

LKS Celebrates Another Year of Accomplishments! Lana Avshalumov, LKS Corresponding Secretary

LKS is extremely proud of the events we have hosted throughout the year and want to thank all of our sisters for their hard work in helping bring these events to life!

We co-hosted a Fun in the Sun event for this year's Dean's Theme with SSHP earlier this month, and it was a great success! Over 60 undergraduate students attended this year's event and learned about new ways to protect themselves from the harmful effects of the sun! We hope this event continues to grow with each year.



Coming up on March 27th, from 6:30-8:30pm, we will be working with the National Ovarian Cancer Coalition to sponsor "Teal Tap" which will take place at Carson City! The venue will be creating teal drinks, and proceeds will go towards the NOCC. We encourage all students to participate in this fun event and help us raise money for a very worthy cause.

Also coming up is our first annual HOPE waLKS event to help raise money for our philanthropy, Project Hope. This event is scheduled for April 11th, and we will be sharing more event details throughout the upcoming weeks on how you can register to participate in this very special day!

Kappa Psi Ends with the Year With a Bang! Betsy Smith, KY Corresponding Secretary

The brothers of Kappa Psi are having great success with their philanthropy events this semester! Many brothers are continuing to participate in our ongoing events like making dinner at Family House in Oakland and volunteering at Global Links. New for this year, Kappa Psi has been tabling for Pittsburgh's Poison Prevention Center, handing out stickers and other materials displaying the famous "Mr. Yuk" in order to avoid dangerous poisonings. Kappa Psi will be participating in Relay for Life this year with the team name of "Rx-Men" to fit the superhero theme!

Kappa Psi's annual formal was held at the Carnegie Science Center. Brothers and guests had a great time mingling and dancing while enjoying the H2O! Exhibit, the newest exhibit at the museum. We all got to try apple juice flash-frozen with liquid nitrogen as part of the experience. One of our regional officers also attended the event! It was a great time to relax and celebrate all of our accomplishments this semester.



Left: Brothers make dinner for patients and families at Family House



Right: Brothers promoting Mr. Yuk for Poison Control in Pittsburgh



Left: P3 Brothers at Kappa Psi Formal

Many brothers will be attending this semester's Kappa Psi Province Meeting in Baltimore, MD in April. We look forward to meeting other pharmacy students and pharmacists from around the region. Highlights of the weekend will include a wing-eating contest and dinner at the Baltimore Aquarium. Some brothers will be traveling to Denver, CO this summer for Kappa Psi's national meeting.

The brothers are all excited to finish out the semester strong with plenty of fun and exciting events!

2X (P4) Aaron Devanathan

There's only a month left in school and I'd like to extend congratulations to all of the classes for their accomplishments this past year. It was a tough year, but I am sure it was worth it. Some of us are seeing the light at the end of the tunnel while others are in the middle of that tunnel (beware of tunnel vision). There are many things to look back on and look forward to, and I am glad to have had the opportunity to meet many people over the years. I would like to take this time to talk about two great student pharmacists who will soon become pharmacists: Joshua Niznik and Trey Draude.

Josh: You will change the world. I think everyone can say with no hesitation that we appreciate your contributions to the school. Even though you may not have been physically present at the school all the time this past year, your hard work and dedication through your service as APhA-ASP Chapter President are timeless. To me personally, your greatest contribution has been your sagacious advice. You have a good head on your shoulders and I aspire to be as wise as you.

Your passion for teaching has further inspired me, and I have no doubt in my mind that you will do wonderful things in the next few years. I look forward to seeing your name in various newsletters discussing the ways you have inevitably impacted the profession of pharmacy.

Trey: I don't think a day goes by that your name is not uttered by multiple students. Your imprint on this school is so large and we are grateful for your contributions as well. You may be the Class President of your class, but I know students in my class look up to you, myself included. To me personally, your greatest contribution has been your unparalleled caring and understanding nature. I can only aspire to be as great as you.

Your passion for the profession is incredible, and everyone agrees that you will do wonderful things in the next few years serving the public with honor. Like with Josh, I look forward to seeing your name in newsletters discussing the ways you have impacted the profession of pharmacy.

I am thankful to have met both of these fine gentlemen, and they both typify the meaning of "excellence". Josh and Trey, as you and your classmates graduate soon, we will continue to show the opportunities that you and your classmates have shown us. We are sincerely appreciative of your contributions to the students, the school, and the profession. Congratulations!

PHASION PHORUM WITH THE EDITORS

Pauline Hoang, Stephanie Tchen, & Jenn Fever

Monday 40F, Tuesday 50F, Wednesday 30F, Thursday 60F? What will the weather be tomorrow? Pittsburgh's weather is changing and so is the fashion trend; however, our style for pharmacy school is still the same: professional and confident.

From a student's perspective, professionalism is the way we behave, talk, and act. Professional dress is like a vitamin that boosts your confidence level to express your best self. There are some rules for professional style of both genders, but you can be creative to build your own style. Whichever style you choose, as long as you feel comfortable and put a little attention into it, you will own your style and your confidence will show. Imagine walking into a conference and be the only one with a wrinkled white coat or dirty shoes, how would it affect your professional appearance?

If you are shopping for professional clothing for this new season, find something that suits your own style, fits your body style, and is appropriate for patient-interaction or even inter-professional events. Pharmacy is a prestigious profession, and as representatives of the profession, we, student pharmacists, show our respect to our own profession by creating and maintaining our professional style.

YSL BabyDoll Kiss & Blush Lips & Cheeks in 04 Orange Fougueux (\$40). When you cannot even pronounce its name correctly, you know it's professional. Now that spring and summer are upon us, it's all orange everything for me. Try it out too, maybe?



Miu Miu Bow-Embellished Ankle-Strap Sandals (\$750). Of course we cannot forget about the shoes. Peep-toes are definitely not the most professional shoes out there, but you had me at the bow.



(Your editors from left to right: Stephanie, Jennifer, and Pauline)

EDITOR'S CHOICE:

(Disclaimer: Opinions expressed in this section are the editor's alone.)



BaubleBar Opal Elizabeth Bib (\$68). Statement necklaces are useful in dressing up any outfit. They're like the white coats of yoga pants, except minus the white coat. Perfect for the lazy girl in all of us. Plus so pretty!



Apple Watch 38mm Stainless Steel Case with Black Modern Buckle (\$749). Let's face it, we all want one. I want one. You want one. Can we get the school to buy us some? For science of course!

From the Editor-in-chief

Time goes by too fast! It's our last issue of the year and I am incredibly excited and grateful for all of your support!

The Communications Committee is recruiting new leaders for the upcoming school year. Please submit your intent to pittcapsule@gmail.com if you are interested in being one of the Capsule Chairs (design/create your section in the Capsule)!

Yours,
Daisy Zhu
APhA-ASP Communications VP



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