# The Pittapsule

March 2020

### School of Pharmacy Organizations: Schedule of Events for March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
9 Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
17 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 12 PM CPFI GBM	12 PM PLS P1 Mentor Interest Meeting	19 12 PM SASP GBM/ Elections 12 PM SNPhA GBM 12 PM SSCP GBM	12 PM Air Force Biomedical Service Corps Speaker 12 PM ASCP GBM 12 PM SNPhA/Duquesne Mixer and Game Night	21
12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 12 PM CPFI GBM	12 PM PLS Workshop "How to Conduct an Effective Meeting" with Dr. Meyers	12 PM CPNP GBM 12 PM APhA Phun "Friday" 12 PM PLS GBM 12 PM SCCP Inhaler Training	12 PM CPNP Naloxone Training 12 PM SCCP GBM 12 PM SNPhA: Dr. Adam Martin 12 PM PPA Mixer with Duquesne	12 PM SSHP/SCCP Residency Pearls with Brandon Bookstaver
March 2  12 PM Kappa Psi GBM  12 PM PDC GBM  12 PM LKS GBM  12 PM CPFI GBM	March 3  12 PM Rho Chi/SCCP "Students, Special Topics, and Scholarly Works"  12 PM SASP Journal Club	March 4  12 PM APhA Tucci and Koch Lecture	March 5  12 PM ASCP National Fellow Visit	March 6

GBM – General Body Meeting, all members are welcome!

Be sure to check the Master Calendar on the PharmD Porxtal for updated information!

## APhA-ASP: American Pharmacists Association Academy of Student Pharmacists

Danielle Weaver (P3), Membership VP

APhA had an awesome start to the semester with several events, including Kidapalooza and elections! Congratulations to all the new executive board and Operation Leaders! We are excited to have you join the team, and we can't wait to see all the incredible things you accomplish next year.

APhA is also excited about the numerous Dean's Theme, Operation, and social events in store for the remainder of the semester! Check out the Patient Care Committee's Facebook page for more updates and information regarding the various events happening this semester. If you're interested in helping with any of the events or projects, we encourage you to reach out to the Operation and Project Leaders.

Along with patient care events, stay on the look-out for more info regarding upcoming social events. The social events so far have been successful and we wanted to thank everyone that attended the

Game Night and Iron Chef Competition! The next social event for the year is PPA's Pitt-Duquesne Mixer on Thursday, March 26. This event is for those 21 and older with tickets at \$5 for students and \$10 for alumni. The Mixer will be a great opportunity to connect with fellow student pharmacists at Duquesne and foster a sense of intercollegiate community. Finally, the last social event for the semester is the End of the Year Party at Hofbrauhaus on Thursday, April 23. We hope you'll join us as we wrap up the year and celebrate surviving another semester together!

Another great event happening this semester is the APhA Annual Meeting at Gaylord National Resort in National Harbor, MD on March 19-23. Thank you to everyone that registered to attend the conference! We hope it's a valuable and fun experience for you all.

Also, congratulations to Arianna Sprando (P3) for claiming first place in our local Patient Counseling Competition! Sprando will go on to represent Pitt in the National Patient Counseling Competition at Annual. Be sure to congratulate her on this accomplishment and show your support as she prepares to compete at the national level!



Pictured on the left: Alan Yee (P2), Yuhan Lu (P2), Thai Nguyen (P3), Mujtaba Mahmud (P2), and Seth Sacchi (P1) pose for a picture to support Operation Heart and spread awareness about Heart Health during APhA's Phun Pharmacy event on Wednesday, February 19.



Pictured above: Pictured from left to right are Shane Seager (P2), Taylor Laffey (P2), Jules Lee (P1), Joe Fiore (PittPharmacy alumni and founder of SIO), Sajid Ahmed (PittPharmacy alumni and founder of SIO), and Lauren Snader (P2) at the welcome reception.

# SIO: Student Industry Organization

Taylor Laffey (P2), Vice President of Communications

To kick off February, we hosted our 5th annual symposium. This event is geared towards educating PittPharmacy students about the vast career paths that PharmDs and PhDs can take in the pharmaceutical industry.

We started the weekend off with a welcome reception and meet and greet at Hotel Indigo on Friday night. This opportunity was perfect for networking and getting to know the speakers for the next day. We started off on Saturday morning with a jam-packed schedule of lecture series held by distinguished PittPharmacy alumni in various industry-related roles. Our speakers were leaders at the

FDA and various companies scattered throughout the United States. We had the opportunity to learn about medical affairs, health economics and outcomes research, leadership development, interviewing techniques, consulting, clinical research, and so much more. After lunch, we had career roundtables set up with our various guests, which gave students a great opportunity to ask their questions in a small group setting. After closing remarks from Dr. Smith, we concluded our most successful symposium yet!

We hope that everyone enjoyed the symposium as much as we did. Our speakers were so excited to come talk with us, and all of them gave us their contact information. If you want to reach out to anyone, please let us know and we will happily connect you.

Coming up, we have our executive board elections and transitioning period, so stay tuned for some new faces leading SIO!

You can find more information about any of our events on our Facebook page "Student Industry Organization" by searching @SIOpitt and on our Instagram @SIOpitt. Feel free to send us an email at <a href="mailto:studentindustryorg@gmail.com">studentindustryorg@gmail.com</a> if you have any questions or ideas!



Pictured above: Pictured are current and past PittPharmacy students at the welcome reception. Front row from left to right: Mackenzie Minogue, David Johnson, Brian Terreri, Jenna Borowski, Hannah Hoseyni, Divya Patel, Lingjue Li, and Holly Garber. Back row from left to right: Corey Rantz, Ryan Green, Alex Prokopienko, Michael Tortorici, Joe Fiore, Sam Bott, Sajid Ahmed, Carly Schaechter, and Ziv Kirshner.

# SNPhA: Student National Pharmaceutical Association

Hager Mohamedein (P3), President

The University of Pittsburgh SNPhA Chapter had an amazing time welcoming everyone to the city of Pittsburgh for SNPhA's Region I & II Conference at the Sheraton Hotel. Chapters traveled from many different states, including Tennessee, Rhode Island, Maine, Virginia, Maryland, Florida, and many more. Dr. Adam Martin kicked off the conference by reminding us of the importance of "showing up, getting uncomfortable, and meeting new people in humility to learn from them." That is exactly what all the participants did this weekend as it was a jam-packed weekend consisting of workshops, CE sessions, and speakers. Thank you to our Pitt



Pictured above: SNPhA members arrive for the Region I and II Conference at the Sheraton Hotel in Station Square, Pittsburgh.

Faculty who partook in the conference, including Dr. Grieve, Dr. Berenbrok, Dr. Rebitch, and our advisor Dr. Jonkman who all hosted either a workshop or CE session ranging in a variety of topics that kept students engaged. We closed out the conference with our keynote speaker, Gisele Fetterman. As Pennsylvania's second lady, she uses her platform to advocate for the voiceless and to empower others. We are happy for the success we had this past weekend, and we look forward to the rest of the events this semester.

SNPhA will be hosting elections in early April. Be on the lookout for information regarding positions along with any other information. If you have any questions, concerns, or ideas, please be sure to reach out to the executive board through our Facebook page (@SNPhA.Pitt) or email <a href="mailto:snpha.pitt@gmail.com">snpha.pitt@gmail.com</a>.



Pictured on the left: Official SNPhA sticker that was handed out at the Region I and II Conference.

#### Rho Chi

Kristina Murray (P3), Historian

Get Ready for March Madness (Pharmacy School Edition)! The members of Rho Chi have numerous events planned throughout March that we would like to share with you. To start, we are excited to have invited 22 members from the Class of 2022 into our chapter! These student pharmacists will be officially inducted into the chapter on Tuesday, March 31 at 6 PM at the University Club. Congratulations to these students for their achievements!

Throughout the month of February, we have been accepting orders for our annual lab card sale. Each set of cards consists of 10 lab cards with the front and back filled with helpful information on topics including, but not limited to, normal levels for lab values, diabetes guidelines and treatments, common interactions, and so much more. These lab cards fit nicely in your white coat pocket and are perfect for Case Conference or as a quick reference while visiting IPPE and APPE sites. If you ordered them, be on the lookout for their arrival soon!

Our next ARC talk is on Hepatitis C, and will take place on March 9 at 6 PM at the Adult Rehab

Center in Southside. If you are looking for something to do over spring break, this is a great IPPE approved event. As always, you do not have to be a member of Rho Chi to attend. In addition, Rho Chi's tutoring co-chairs will be hosting an Infectious Disease review for P2s on March 26, so be on the lookout for more details in the near future.

In collaboration with The Student College of Clinical Pharmacy, Rho Chi will be hosting a Students, Special Topics, and Scholarly Work on March 31 during lunch in room 402. This event is an opportunity to showcase all the great work Pitt Pharmacy students are doing outside of the classroom. We plan to have a roundtable-style session where students can rotate through the tables in 402 to look at the posters. If you have a poster, it can be displayed on the monitors in 402 (you will not need the hard copy of your poster). If you are interested in signing up to present your work, reach out to Nicole Hume or Joe Rizkalla. All presenters will be entered into a raffle to win a \$25 iTunes gift card!

Looking forward to April, the annual Tucci-Koch Lecture will take place on Wednesday, April 1. More details are to follow in the upcoming month. Good luck to everyone as we finish the semester strong!



Pictured on the left: Rho Chi members from the Class of 2021.

# Kappa Psi

Sneha Gaitonde (P3), Corresponding Secretary

Happy March, everyone! I'm sure you're all as ready for summer as I am now that spring is in the air, especially with how busy all of the campus organizations have been this semester! Over the last month, Kappa Psi has been putting on a lot of events related to philanthropy, professional development, and of course, brotherly bonding. We held a few philanthropy events in February: a bake sale to benefit Prevention Point Pittsburgh, a Breakfast for Dinner fundraiser, and a night of making and serving dinner for the residents of the Neville Family House. Also, in February, we kicked off a Professional Development Series, spearheaded by Mujtaba Mahmud (P2), wherein current and graduate Brothers spend a lunch or an evening talking to us about their areas of expertise or practice! It's been an eye-opening series so far, and will no doubt continue to grow. When it comes to social events, Kappa Psi has been on a roll with our annual Black and White Semiformal happening on February 21 – a fun night filled with friends and a 1920's theme. Also in February, we got to celebrate Thai Nguyen (P3) and Vincent Knecht (P2) participating in Dr. Salk Hall, where Thai won the title of Mr. Congeniality!



Pictured above: Brothers Vincent Knecht (P2) and Thai Nguyen (P3) pose after the Dr. Salk Hall Pageant.

We're so proud of everything our Brothers have accomplished this month, and we look forward to more celebration! In the next month, Kappa Psi will be inaugurating its new executive board, sending 26 brothers to



our Fall Province Assembly in Morgantown, WV, with Grace Rong (P2) and Mike Mast (P2) representing us as our chapter's delegates, bringing back dinners at Family House, and planning our second chapter-wide Murder Mystery night.

It's been a great February, and it looks to be a great March for Kappa Psi.

Pictured on the left: Brothers serve dinner at Family House.

# LKS: Lambda Kappa Sigma

Britney Stottlemyer (P3), Corresponding Secretary

Hello everyone! Wow, it's hard to believe that we are already halfway through the semester. It's been a busy few weeks for the ladies of LKS, but the grind doesn't stop there! Our sisters danced the night away at our annual Black and Pink Formal, crowned the new kings as Dr. Salk Hall and Mr. Congeniality, and are preparing for some of our biggest events in the upcoming month. Huge shoutout to Annalisa Nguyen, Lexi Mingey, Karlee Deibler, and Casey Holliday for their planning of these events.

This month we will host our 6th annual Teal Tap Fundraiser on March 27 to support the National Ovarian Cancer Coalition. Be sure to stop by to support a great cause and have some fun! Additionally, HOPE WaLKS is



Pictured above: LKS co-chairs with our fabulous Dr. Salk Hall contestants.

currently in the works. This event will take place on Sunday, April 5 from 1-3 PM featuring an obstacle course at the Dome on upper campus. The proceeds of the event will go to our philanthropy, Project HOPE, and aids to fund the delivery of medical care to those around the globe, preventing disease and promoting wellness for all. Reach out to any of our sisters to learn more about how to sign up!

Lastly, please extend a warm welcome to our new officers for the 2020-2021 school year and congratulations to those who earned a position! We have full faith that our chapter will continue to do amazing things in the hands of these lovely ladies. Can't wait to see what these ladies will do in their new roles and the continual growth of our chapter under the new leadership.

#### PDC: Phi Delta Chi

Tommy Rust (P2), Worthy Keeper of Records and Seals

It is a well-known fact that February is the shortest month on the calendar. The brothers of PDC determined this to be an alternative fact based on their ability to pack February with as much action as any other month! From beauty pageants to socializing, PDC made it a month to remember. Let's LEAP right into it.

To start off the month, we had four brothers compete in the annual Dr. Salk Hall competition. We even had a brother host the event, and the previous winner, Tsriztan Oliver, was a judge. Our brothers sang their hearts out, acted like there was no tomorrow, and even said a total of three words for their talents. In the end, our very own Isaac Poole took home the crown! With his victory we were able to raise even more money for our beloved philanthropy, St. Jude Children's Research Hospital, and we kept the crown in PDC.

Next up on the agenda was Black and Pink, our second favorite social event next to formal. Along with the ladies of LKS, we had a wonderful night of dancing and making new memories. On top of all that, the menu for the night consisted of the finest chicken and cheese you could ask for. What an amazing night for the brothers; we only wish it could've lasted even longer!

We're rounding up our month with some elections for the worthy board and chair positions. We're looking forward to seeing what our new executive board will do with the fraternity and how we can continue the traditions of PDC. As always, we are striving to advance the science of pharmacy and its allied interests.

As always, I would like to thank you for reading about what Phi Delta Chi has been up to, and I promise that we have some exciting things in store for the future!

# **SSCP: Student Society of Cannabis Pharmacists**

Mike Mast (P2), Secretary

Who are we? The Student Society of Cannabis Pharmacists is one of Pitt Pharmacy's newest student organizations focusing on the emerging use of cannabis as a therapeutic agent, as well as the career options available for pharmacists in the ever-growing field of cannabis pharmacy. Pitt's SSCP is the only student organization of its kind, and is the first student chapter nationwide chartered through the International Society of Cannabis Pharmacists! Together we hope to break the barriers associated with cannabinoid research and to unify the profession of pharmacy's outlook on cannabis. Membership in the SSCP is open to all students, faculty, staff, and alumni of the University of Pittsburgh School of Pharmacy interested in the field of cannabis pharmacy.

What's new? In late January, the SSCP held its first journal club session where President David Katz discussed the challenges of using cannabis as a therapeutic agent, as well as the side effects found in one-year cannabis users. This meeting highlighted some of the current barriers to cannabis research, as well as example studies within the field of pain management. Moving into February, the organization convened to discuss the tested effects of cannabidiol (CBD), as well as the relevance of varying ratios of tetrahydrocannabinol (THC) and CBD in relation to cannabis consumption.

#### Dates to look forward to:

- Wednesday, March 18 GBM in Salk 456
- Tuesday, April 7 GBM in Salk 524

#### Why should I join?

- Help pioneer one of the first student cannabis organizations backed by the ISCPh on a national stage
- Explore the largest receptor system in our bodies (the endocannabinoid system)
- Discover emerging treatment methods being utilized in the growing field of cannabis pharmacy
- Full access to online professional resources and events like patient case support series, inside information regarding the cannabis industry, archived videos of cannabis education events, and journal clubs

#### Get connected:

- Follow us on Facebook (Student Society of Cannabis Pharmacists at the University of Pittsburgh) or Instagram (@sscp\_pitt)
- Want to be added to our email newsletter? Contact David Katz at <a href="mailto:dsk30@pitt.edu">dsk30@pitt.edu</a>!



SUPPORTING PATIENTS AND COMMUNITIES THROUGH EDUCATION.

# **CPNP: College of Psychiatric and Neurologic Pharmacists**

Casey Gudenburr (P2), Secretary and Membership Chair

This past month has been very eventful for CPNP. We have incorporated many events into the semester's schedule that keep up with our level of activity from this past fall semester. Among the most important of our events this semester were our executive board elections. Our 2020-2021 executive board includes Lauren Snader as President and Emma Stragand as President-Elect, Casey Gudenburr as Secretary and Membership Chair. Abby Reigh as Treasurer, Roisin Sabol as Education and Training Chair, Philip Matthew as Community Outreach Chair, Christine Sun as Research Chair and Markella Cervenak as Care Package Chair. We could not be more thankful to our current e-board members for all of their amazing leadership, and we look forward to welcoming our new executive board members onto the team as we transition over.

Our main event this month was a Psychiatric Pharmacist and Resident Round Table event.

Pharmacists and residents from Western Psychiatric Hospital and the VA Pittsburgh Healthcare System told CPNP members about their roles in psychiatric pharmacy, as well as the paths they took to get where they are now. The residents were very helpful in explaining general tips for success when it comes to building rapport as a residency candidate. All of the individuals who participated in the round table were extremely knowledgeable in their fields, and they provided insight into the responsibilities of a psychiatric pharmacist, as well as the nuances that differentiate each of their individual positions.

In April, a few of our members will be attending CPNP Annual in Dallas, Texas. We would like to congratulate both Lauren Snader, our current President-Elect, and Dana Abraham, our current Education and Training Chair, for receiving travel grants from the CPNP Foundation. We look forward to their attendance at the conference!

# **PPA: Pennsylvania Pharmacists Association**

Emily Dell (P3), Communications Ambassador

Hello again, everyone! PPA has a few different events planned for the rest of the semester. Legislative Day in Harrisburg is quickly approaching (Wednesday, April 8). In planning for this big day, we will be holding a GRASP and Grub event where students can complete their GRASP modules, have some food, and talk with mock legislators before attending Legislative Day. This will take place on Tuesday, March 31 at around 5:30 PM in Salk. We are happy to say that we will have a lot of Pitt students attending Legislative Day to represent our school and the pharmacy profession.

We will also be hosting a mixer for Pitt and Duquesne students on Thursday, March 26 at 7 PM in Carson City Saloon. This social event is open to students, friends, alumni and members of ACPA. Entry to the event is \$5 for students/guests and \$10 for alumni, and the proceeds will be going to the Education Foundation. We hope to see you there!

Please keep an eye out for emails from ACPA concerning different opportunities in the Pittsburgh area. As a member of Pitt PPA, you are also a member of ACPA, and you can use this as a chance to network with other pharmacists and do some good in the community. We hope to see more and more students registering for PPA and advocating for the profession!

# **SCCP: Student College of Clinical Pharmacy**

Lisa Cahill (P2), Secretary

Hi everyone! We hope you have all had a good semester so far and are looking forward to spring break coming up soon. SCCP has a ton of exciting events planned for March so mark your calendars!

First off, SCCP wants to congratulate Alan Yee, Yihan Li, and Vincent Knecht for continuing onto the next round of the ACCP Clinical Research Challenge! Winning teams have the opportunity to represent Pitt at a national level. Thank you to everyone who participated in this event!

Our upcoming events at lunch include our monthly Journal Club on March 3, Peer-to-Peer Inhaler Device Training with Project Pulmonology on March 25, and Elections on March 26. You have until March 19 to

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Facebook @universityofpittsburghscep

Instagram @pittsccp

submit an intent to run for a position to our email. There are plenty of open positions and we encourage you to apply or reach out with questions if any of them interest you! On March 27, SCCP is partnering with SSHP to host Dr. Brandon Bookstaver, a Director of Residency and Fellowship Training at the University of South Carolina College of Pharmacy. He will be giving a presentation on residency pearls, so stop by if you are considering a residency post-graduation. On March 31, SCCP is working with Rho Chi to give students the opportunity to share their poster presentations from research and projects that they have been working on at the Students, Special Topics, and Scholarly Work event.

There is also one more UPMC Pulse session you can sign up for on March 4, and the discussion is about the use of DOACs in patients with cancer-associated thromboembolism. Keep a lookout for another service event at Ronald McDonald House this March (date to be determined). Lastly, we are still accepting applications for our Mentored Research Fellowship which is a great opportunity if you are interested in residencies, industry fellowships, or PhD programs post-graduation.

As you can see, March is a very busy month for SCCP, so there are plenty of opportunities to get involved and learn more about clinical pharmacy! We hope to see you at our events, and as always, let us know if you have any questions, concerns, or ideas.

Pictured on the right: Participants at the Clinical Research Challenge on February 3, 2020.



# **ASCP: American Association of Consulting Pharmacy**

Alecia Zika (P2), Secretary

Hello Panthers! February has been an exciting month for ASCP! Our big event this month was a SilverScripts Prep event on February 14. This event, hosted by ASCP, allowed P1 students to prepare for their upcoming SilverScripts experience. The event featured rotating stations, including advice from former SilverScripts ambassadors, blood pressure practice, documentation tips, and a FAQ panel. The event was a huge success – thank you to everyone who came out!

We are also looking forward to distributing our annual fidget blankets in the next couple weeks to local seniors with dementia. These blankets are hand made by the students of the organization and help engage individuals with dementia by providing sensory stimuli. More details regarding distribution of these blankets will be coming soon!

Lastly, ASCP will be holding executive board and chair position elections at our next GBM on March 19! This meeting will be during lunch in 524. Interested individuals can reach out to us at <a href="mailto:pittascp@gmail.com">pittascp@gmail.com</a> with any questions or for clarification on positions. To everyone else, please like us on Facebook (American Society of Consultant Pharmacists – Pitt Chapter) and follow us on Instagram (@ascp\_pitt) to stay up to date on all things ASCP!





Pictured on the left in both photos: PIs speak with ASCP members regarding their upcoming SilverScripts experience.



Pictured above: PLS Auction Co-chair Mackenzie Minogue with Dr. Randy Smith.

#### PLS: Phi Lambda Sigma Nikitha Yagnala (P3), Secretary

PLS had a very busy month of February! Thank you to all that applied to be a member of Phi Lambda Sigma, we had an incredible number of applicants this year - with that being said, if you were not chosen and would like to go over your application, please reach out to Grace Erdman or Yihan Li

Congratulations to our new members! You should be very proud of your accomplishments thus far, and we look forward to working with you in the upcoming

year. The PLS and Rho Chi induction ceremony will be held on Tuesday, March 31, and we look forward to formally inducting our new members then! Our elections will be held on Wednesday, March 25 during our lunch meeting.

Lastly, we held our annual PLS Charity Auction on January 30, and it was an enormous success! Between our EngagePitt page and the auction, we were able to raise over \$18,000 for the Grace Lamsam Pharmacy Program, which provides pharmacy and medical care to the underserved population at the Birmingham Clinic and Women's Center and Shelter! We want to give a huge shout out to our amazing auction cochairs, Mackenzie Minogue and Lauren Snader, for making the night a phenomenal



Pictured above: Dr. Drab auctions off his vintage car selection and viewing tour!

success! Thank you to all the professors and student organizations for their amazing item donations, and we hope everyone had a great time at the auction!

# **CPFI: Christian Pharmacists Fellowship International**

Danielle Weaver (P3), Vice President

CPFI is an international ministry of individuals working in all areas of pharmaceutical service and practice. The mission of CPFI is to serve Christ and the world through pharmacy. Our goal as an organization is to use the opportunities we have as student pharmacists to reach our communities and grow together as we strive to integrate faith into practice. CPFI has been connecting with the Christian Medical and Dental Association (CMDA) and we continue to join them for weekly devotionals and monthly social events. Our meetings this semester will be every Monday at noon in Salk 417A! The meetings typically focus on integrating our faith into our practice as healthcare professionals and is a great way to grow with others that share similar experiences and challenges.

This past month we also had the opportunity to network and meet with other Christians and professionals at the Jubilee Professional event held in Pittsburgh on February 21. This conference was an incredible experience and provided attendees with the chance to hear from various speakers and worship together. We're also looking forward to beginning our partnership with Youth With A Mission (YWAM) and their Kids Club program next month for our Dean's Theme; we will be going on Saturday, April 4. Be on the lookout for more info on our events!

As always, if you're free on Mondays at lunch, please stop by! Pharmacy school can make life a little crazy, but we encourage new students and current members to attend whenever you can. Don't forget to find us on Facebook and Instagram @cpfipitt.



Pictured on the left: Dr. Adam Martin, the Fit Pharmacist, and our SSHP members!

# SSHP: Student Society of Health System Pharmacy

Nikitha Yagnala (P3), Internal Career Development Chair

It has been a busy semester for SSHP! In February, the Wellness and Resiliency professional project chairs hosted Dr. Adam Martin, the Fit Pharmacist, to speak to us about preventing burnout and tips on managing the stress that comes with our profession. This was an extremely successful event that gave everyone some insight into ways that we could better improve our overall wellbeing! Later in February, Shawn Meehl, one of our Wellness and Resiliency project chairs, graciously planned an appreciation luncheon for our entire school! It was a delicious, much-needed pick-me-up during all the midterms. We want to thank everyone who supported our Wellness and Resiliency events this month!

Towards the end of February, SSHP held our annual Practice Advancement Initiative (PAI) Week. This week is dedicated to empowering pharmacists and encouraging the progressive movement in pharmacy practice! There are 5 pillars of PAI 2030 (leveraging pharmacy technicians, technology, care team integration, leadership in medication use, and pharmacist credentialing/training), each which represents a unique theme to focus and build on, to achieve advancement in our professions! Throughout our PAI week, we have dedicated a day to focus on each pillar and really reflect on how we, as student pharmacists, can create actionable goals and advance our profession. During the week, we have partnered with Primary Care Progress to cohost an interprofessional case conference and held a tabling event in the atrium to support our dean's theme event!

In March, SSHP will be hosting various lunch-time discussions, with administrative fellows, specialty transplant pharmacists, and many others! Coming up on March 27, we are excited to host Dr. Brandon Bookstaver, an infectious disease pharmacist and residency program director from Prisma Health, in South Carolina. During lunch, he will be discussing his top tips and key residency pearls! We are so excited for these events in the next few months, and we hope you are all able to get involved with SSHP!

#### SASP: Student Association of Specialty Pharmacy

Victoria Miklus (P2), Secretary

The Student Association of Specialty Pharmacy has a lot in the works for the remainder of the semester. On Thursday, March 31, we will be holding a journal club in room 355 at noon, where our very own president, Madeline Mitchell, will be presenting on XyremÒ, a specialty drug used for narcolepsy. This event will also be a PrimeRx-approved catalog event for any first-year students still looking to get their credits for the semester.

We are also currently planning a tour at one of the local specialty pharmacies. We hope to gauge interest in the event and determine the best day and time that works for those interested, so be on the lookout for that poll on our Facebook page (SASP Pitt Chapter). Before the semester ends, we are also hoping to invite one more specialty pharmacist guest speaker.

Lastly, our elections information session was held last month. We are looking for students to fill the treasurer, secretary, and professional chair positions. If you have any interest in applying and would like more information, reach out to anyone currently on e-board or email pittsasp@gmail.com.

# Acknowledgements

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