

JANUARY 2022 RECAP

The Pitt Capsule

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Upcoming Events:

APhA-ASP Elections

February 9 at 12 PM in Salk 402

SCCP Women's Health w/ Dr. Grieve

February 9 at 6 PM via Zoom

LKS Valentine's Day Candy Grams

Due February 10 (via Google Form)

SIO Industry Symposium

February 12 from 9:30-3 PM via Zoom

CPNP Domestic Violence Lecture

February 15 at 12 PM in Salk 524

SASP PANTHERx Fellowship Talk

February 16 at 12 PM in Salk 456

SSCP Book Club

February 16 at 6 PM via Zoom

Rho Chi x SCCP Poster Event

February 23 at 12 PM in Salk 402

Keep up w/ APhA-ASP:

 **Instagram:** @pittaphaasp

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AMCP: Academy of Managed Care Pharmacy

Michelle Trinh (P3), Director of Communications

Welcome back everyone! For the month of January, our members participated in the P&T competition and did a great job! We had three teams competing, one P2 team and two P3 teams - results still pending! We had another event where CVS Caremark hosted an information session about their APPE rotation. There was a great turn out and we encourage students to consider this rotation if you have any interest in managed care. In terms of upcoming events, we have a guest speaker event with Dr. Tim Mizak on February 22 at 12 PM. Dr. Mizak is currently the director of formulary management at Abarca Health, but has previous experiences working with Highmark, Gateway Health, and PANTHERx Specialty Pharmacy. Stay tuned for more details about this upcoming event!



APhA-ASP: American Pharmacists Association Academy of Student Pharmacists

Maya Tsvetkova (P3), Membership Vice President

Welcome back to a new semester and Happy New Year! I hope you all had a refreshing break!

This past month was filled with exciting events for APhA-ASP! Our OTC Med Safety Operation hosted their second annual OTC Med Safety Counseling Competition, and we want to thank everyone who participated. APhA also held the Local Patient Counseling Competition, so thank you to everyone who competed for the honor of advancing to the National Patient Counseling Competition. We also want to thank everyone who is taking part in the Substance Use Disorders social media campaign that's going on right now. Lastly, Operation Heart is having their annual Step Competition that will last all of February, so make sure to join with your class code. The winning class and the winning individual will get a prize, so go get your steps in!

APhA-ASP elections are taking place February 9, and we really appreciate everyone's interest in applying! Good luck to everyone who is running or interviewing!

Remember to like us on Facebook and follow us on our Instagram page (@pittaphaasp) for events and other chapter updates. We hope to see you at all our next events!

ASCP: American Society of Consultant Pharmacists

Grace Havens (P3), Secretary

Hello and happy 2022! ASCP has an exciting spring semester ahead, with a few events we would love to share with everyone. In February, we are having our second SilverScripts event for the P1 class as they prepare to go out to their sites. This event will include a top drugs review, a Q&A panel with P2s and P3s, and blood pressure check practice. On February 10, we will be having our Dean's Theme event. Two PGY2 Geriatric Pharmacy residents, Dr. William Beathard and Dr. Lauren Della Grotta, are going to be speaking about urinary incontinence and UTIs. We can't wait to hear from them and learn how to better care for patients experiencing these issues.

Keep an eye out for updates on our future events, including fidget-blanket making, which will occur later in this semester. Stay warm and healthy everyone! Follow ASCP @ASCP_Pitt on instagram!



CPNP: College of Psychiatric & Neurologic Pharmacists

Zoe Ricketts (P3), Secretary/Membership Chair

Welcome back and happy 2022! CPNP has been hard at work planning so many great events for the semester! To start off the year, we held our first general body meeting, where we went over what CPNP is, projects we have been working on, our upcoming election process, and current executive board positions. Most of our positions are held by current P3s, so this election will be a great way for P1s and P2s to get involved. We can't wait to see who will comprise next year's E-board! Some of our events that will be taking place in February include: elections (February 2), a wellness lecture with Dr. Darr from the University Counseling Center (February 3), a domestic violence event with Janice Goldsborough (February 15), and a disordered eating presentation from the Renfrew Center (date TBD). It is sure to be a busy month, so keep on the lookout for these events and many more to come this semester!

We held our annual pin and sticker sale this month, where we offered green ribbon pins and mental health awareness stickers. If you missed it, remember to follow us on Instagram (@cpnp_pitt) and Facebook (CPNP Pitt Chapter) for chapter updates, info about events, and other ways to get involved.

Kappa Psi: Kappa Psi Pharmaceutical Fraternity, Incorporated ***Erika Thomas (P4), Corresponding Secretary***

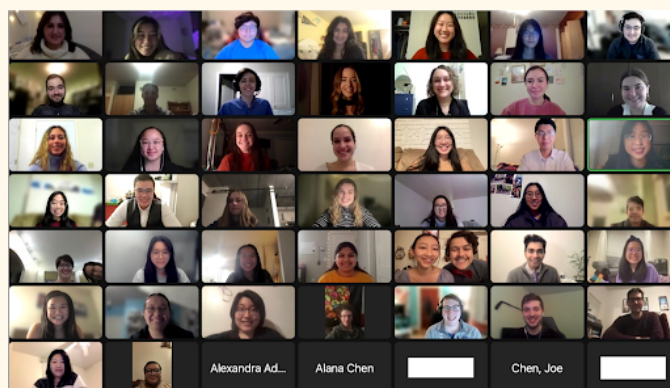
Kappa Psi is looking forward to another great semester! Despite the frigid temperatures and COVID lockdowns, we fully celebrated the initiation of our new Brothers over Zoom. As we welcome them as full members, we are discussing the operations of our chapter, the details of Robert's Rules, and what we have planned for this term and beyond. To start the semester, we held a very successful fundraiser at Primanti Brothers in Oakland. We are awaiting the final count on that, but we will be putting the funds toward sponsoring our Brothers who attend our national conference in July.

Looking forward to our February events, we are working with grant funding to supply the Homeless Children's Education Fund with materials on their wish list, such as art and school supplies. Additionally, we will be participating in Pitt Day of Giving to benefit our "Brother in Need" fund. This fund is used to help members experiencing financial hardship and support their needs in a short-term manner. Be on the lookout for updates through our social media (@kappapsi_betakappa)!

Besides all the activity with our philanthropic efforts, we will also be working to maintain several of our traditional social events. While we have put planning on many of these events on hold due to the current coronavirus wave, we are working with the Pittsburgh Young Professionals to host a networking event. We also will be looking to hold a semi-formal or formal event with our Brothers, and travel to Washington, DC in April to attend our regional assembly and connect with members across the area. We have a lot of great events in store for the semester, and we look forward to another semester with PittPharmacy!



New Brother Initiation



LKS: Lambda Kappa Sigma

Sharon Jayamohan (P2)

Happy February everyone! We hope everyone had an amazing, relaxing break and are ready to tackle this new semester!

Last semester, we had many professional and sisterhood events that occurred. The sisters of LKS had an amazing discussion with Dr. Rebitch earlier in the fall semester. Our fundraising chairs did an amazing job collaborating with Duquesne's School of Pharmacy for an apparel sale. We ended off the semester with our sisterhood holiday dinner at Buca di Beppo! Thank you to all of the sisters for the hard work you put into planning and promoting these events and fundraisers.

We are so excited to see what this new semester will bring and are ready to plan so many more professional and sisterhood events. Be on the lookout for our different fundraisers including white coats, Pittsburgh Popcorn, and basket making for shelters! The white coat sale is currently underway and the order form is due on February 11. If you have any questions, please contact Riya Tipnis at rat73@pitt.edu or Lauren Maurer at Irm71@pitt.edu. Additionally, our Valentine's Day Candy Grams form will be open until February 10, so if you're interested in sending a special someone a treat, make sure to submit!

As always, stay connected with us on Facebook (@pittLKS) and Instagram (@LKSDeltachapter) to stay up to date on all of our events!

Sisterhood Holiday Dinner



PDC: Phi Delta Chi

Nick Eggers (P3), Worthy Keeper of Records and Seals

The Transformative Power Of Games

Games are not only tools for diversion and entertainment, but can also provide valuable opportunities to innovate the world of pharmacy. Ben Johnson and Nick Eggers, two members of the PDC Worthy Board, have experience in combining games with pharmacy to make meaningful change.

Ben Johnson worked to educate middle-school students about pharmacist's daily activities through video games. In the game, students are put in the role of a pharmacist and faced with a healthcare problem. These problems include: "A Puzzling Prescription", which focuses on the management of an asthma patient's case, and "Unconscious Bias", an examination of how patients without insurance can pay for their medications. These cases are solved by analyzing patient profiles using the process of pharmacy patient care. After the student makes a decision, they are provided with immediate feedback with the outcome of the patient's case. This game encourages the development of problem solving skills, professionalism, and effective communication in a healthcare setting.

Nick Eggers completed his first authored research paper, a small-scale pilot examination of how the tabletop role-playing game, "Masks", could be used as a behavioral health intervention for adolescents with chronic health conditions. Weekly online meetings sought to determine if games helped to reduce feelings of social isolation that may add to a patient's symptom burden. Since the conclusion of the data collection phase of this research, Nick has started to design a new game that will serve as an behavioral health intervention for chronically ill adolescents.

These projects demonstrate the ability of pharmacy to extend beyond traditional contexts of the profession. Embracing games as pharmacists is an innovative method which can be used to assess medication adherence, while exposing adolescents to various careers in pharmacy. The Brothers of PDC aim to pursue innovative projects and careers in pharmacy. With leadership, respect, and creativity, we want to apply our talents and interests to care for and educate others.



PLS: Phi Lambda Sigma
Rachel Qian (P3), Secretary

PLS is excited to welcome everyone back to the spring semester! We have been busy and working hard to prepare meaningful leadership development events this semester. We have been in the process of interviewing our P1, P2, and P3 applicants and are looking forward to welcoming new faces in the coming weeks to our organization! Thank you to everyone applied - we were so impressed by the dedication and leadership skills each student exemplified and are proud to have gotten to know you all better!

Thank you to everyone who attended our Mapping Out Time Workshop Part 2 this month! We are continuing our workshop series throughout this semester, focusing on professional and leadership development in an interactive setting. Keep an eye out on our social media and class Facebook pages for more information as the semester continues!

Additional exciting news: PLS has created a new mentorship program for P2s and P3s! More information will be distributed soon - we hope this program will foster closer relationships between the P2 and P3 class and that our P3s can provide some valuable guidance. In addition, our Annual PLS Auction for the Grace Lamsam Pharmacy Program will take place late-March/early-April. This is always a highly anticipated event that we hope to bring back in person! The Grace Lamsam Pharmacy Program is an organization that delivers pharmacy services to the homeless and low-income individuals at free primary care clinics and homeless shelters in the Pittsburgh community. This will be a fun and interactive event, with a great cause behind it! We wish everyone good luck this semester and hope to see you all at some of our workshops and events soon!



PPIP: Pittsburgh Pharmacy Investment Portfolio
Victoria Lee (P2), Director of Communications

The Pittsburgh Pharmacy Investment Portfolio (PPIP) ended last semester with an exciting *Biotech Investment Fantasy League (BIFL)* competition. At this event, we discussed the financial performances of healthcare companies and their portfolios. Congratulations to our three winners and to everyone who participated!

This semester, we will be focusing on Due Diligence and some other topics! Due Diligence is an opportunity for public speaking and analyzing research or enhancing one's knowledge about investments.

In addition, we will learn about ESG investing which is socially responsible investing for healthcare. We also plan to host a healthcare analyst to share how an investment professional looks at healthcare stocks themselves. Our meeting dates will be held on February 10, February 24, March 17, March 31, and April 14. We will be hosting both in-person and virtual meetings, so there are plenty of opportunities to stay involved. If you have any questions, please reach out to me (Victoria Lee) or one of my colleagues on the PPIP executive board. Otherwise, we look forward to seeing you in the near future!



Rho Chi: Academic Honor Society in Pharmacy

Rachel Qian (P3), Historian

The members of Rho Chi would like to wish everyone a Happy New Year and welcome everyone back! We hope everyone had a restful and relaxful break. As this new year and semester begins, Rho Chi is excited to welcome new members from the P2 class to join our chapter. We are looking forward to getting to know you all!

We have several exciting events planned for this semester, with our first being the Student Poster Presentations Event in collaboration with SCCP on February 23 at 12 PM in Salk 402. Our peer student pharmacists will be showcasing their research projects and talking about their involvement in research. This will be a great opportunity to see what other students are working on and potentially get involved in a project!

Our tutoring co-chairs have continued to work hard to bring worksheets and review sessions to our P1 and P2 peers. As the spring semester progresses, we will continue with the worksheets for Biochemistry and offer one-on-one tutoring sessions to those who reach out! This is a great opportunity to build on your study skills and review materials with a Rho Chi member. Feel free to reach out to our tutoring co-chairs Chad or Paige if you are interested.

We want to thank everyone for participating in the blood drives last semester! We will continue to collaborate with Vitalant to set up several dates this semester for blood drives. This is a great cause Rho Chi is proud to support, and we sincerely appreciate everyone who has participated! Lastly, we will be holding our annual business card and pocket card fundraiser during the month of February. These will be great materials to have as you start your IPPE and APPE rotations! Stay tuned for any additional updates and events through email and Facebook! We wish all of Pitt Pharmacy an amazing spring semester!

SASP: Student Association of Specialty Pharmacy

Lauren McCabe (P3), Secretary

Hello Everyone! The members of SASP are excited to be back in action for the 2022 Spring Semester and would like to extend a warm “welcome back” to all students and faculty. We have some very exciting events coming up. Notably, Emilee Bonzo, PharmD will be coming to speak to us about her fellowship at PANTHERx Rare Pharmacy. This is a unique opportunity to hear first-hand about a specialty pharmacy fellowship from a new-grad perspective. The event will take place on February 16 at 12 PM in Salk Hall 456. Dr. Bonzo will be projected on-screen via zoom, so students are welcome to join virtually or hang out in 456. Keep an eye out for the zoom link, which will come as an email at the beginning of February.

Perhaps most exciting of all – election time! The SASP Executive Board is currently composed of mostly P3 students. Thus, the following positions will be up for election for the 2022-23 school year: Vice President, Secretary, Treasurer, Dean’s Theme Chair, Professional Chair, and Social Media Char. Being on the SASP Executive Board is a fantastic way to showcase leadership experience on your resume, without having a ton of responsibilities. Pitt SASP is a very small organization, so the time commitment of each of these positions is minimal. Though students interested in a future related to specialty pharmacy would greatly benefit from holding a leadership position in SASP, it should be noted that this is NOT a requirement for applicants. Any student of any background is welcome to apply for these positions! We are simply looking for students in any year who are organized, reliable, and have a positive attitude to join our SASP Executive Board. Stay tuned for an email containing additional details about the election process.

As always, good luck on upcoming exams and stay safe as we transition back into Salk Hall!



SCCP: Student College of Clinical Pharmacy

Beth Corry (P2), Secretary

Hope everyone enjoyed their Winter Break! The Student College of Clinical Pharmacy has lots of exciting events planned for the semester. There will also be many chances to get involved coming soon!

SCCP has two exciting events planned for February. Our Dean's Theme event will be on February 9 on Zoom, during which Dr. Grieve will be giving a talk on what women's health encompasses. SSCP will also be co-hosting an event with Rho Chi on February 23 at 12 PM to give students the opportunity to present any research they have worked on to their peers.

SCCP held its Clinical Research Challenge this month and congratulates its winners: Megan Hutar, Beth Corry, and Katie McGraw! They will be representing Pitt Pharmacy at the next level of the competition.

SCCP also held our February GBM on February 1 at 12 PM to learn about each E-Board position and how interested students can get involved for next year! Elections will be at the March GBM on March 1 at 12 PM.

Follow us on social media for more updates: @universityofpittsburghsccp (Facebook) and @pittsccp (Instagram).



SIO: Student Industry Organization

Payal Bhatt (P3), Vice President of Communications

We are so excited to kick off 2022 with wonderful opportunities for students interested in the industry field! We have many great networking experiences planned. One of our biggest events for the year is coming up this month: the SIO Annual Industry Symposium! It is on February 12 from 9:30-3 PM conducted remotely via Zoom. The symposium will feature presentations from PharmDs and PhDs about their roles through various functional areas in the pharmaceutical industry. There will also be round table networking opportunities offered. This event is a great way to network and learn from Pitt Alumni and other experienced members of the industry community, as well as a way to learn more in depth about each functional area. Be sure to tune in to our biggest event of the school year!



SNPhA: Student National Pharmaceutical Association

Caleb Schork (P3), President

We hope that everyone enjoyed their break and is recharged for the upcoming semester. SNPhA has numerous great events planned for the month of February. Since February is Black History Month, SNPhA is partnering with PLS and Pitt Dental to participate in the 21-Day Health Equity Challenge. This event was created by Professor Mario Browne, and will include a daily article, video, or podcast to reflect upon. We will have meetings twice a week to discuss the content. There will be different leaders at each meeting from Pitt Pharmacy and Pitt Dental leading the discussions. This will be a great way to examine health equity issues. Keep an eye out for more information, as there will be PrimeRx credit available too!

We also are looking forward to an event at the end of February with Dr. Adam Martin, The Fit Pharmacist, who will discuss personal branding. As a former SNPhA President himself, Dr. Martin is excited to come back and speak to students. This will be open to all students, even if you are not a SNPhA member, and it is truly a relevant topic regardless of your progress in pharmacy school.

Keep an eye out for more opportunities! Our Dean's Theme event coming up later this semester. Best of luck on the first round of exams! We hope you will consider taking a part in the 21-Day Health Equity Challenge with us!



SSCP: Student Society of Cannabis Pharmacists

Amanda Chiaravalle (P2), Secretary

Welcome back from SSCP! We are so excited for this semester and have a lot of fun events planned for the upcoming month. We hosted our first GBM in January and got to outline a lot of exciting opportunities coming up, the first of which is a book club hosted by P2 Sydney Lee and P1 Lauren Scott on February 16 at 6 PM over Zoom. They will be discussing the book "The Pain Gap" by Anthony Hossain, and even if you do not have time to read the book, feel free to come to the discussion. In late February, we will be hosting an "Expungement and Pardoning" event discussing laws surrounding medical cannabis with Sunnyside Dispensary. Keep an eye out for updates to come with this. Throughout February, we will be participating in the Script Your Future campaign and focusing on patient-centered interactions and education surrounding medical cannabis. We look forward to seeing everyone back in Salk and at our upcoming events!

SSHP: Student Society of Health System Pharmacists

Jamie Kim (P3), Internal Development Chair

Welcome back to a new semester! We hope that everyone enjoyed a well-deserved winter break as we transition back to in-person classes. SSHP kicked off January with our Dean's Theme Event featuring Dr. Gingo, who gave us an overview of her career as an oncology pharmacist and her work in women's health. It was a great presentation that covered the necessary skills needed to practice clinically and represented the diverse paths available in pharmacy.

The rest of our executive board is hard at work finalizing plans for the semester. Look out for information regarding our annual Pharmacy Advancement Initiative (PAI) Week that will be occurring at the end of February. There will be many prizes! We are also planning a round two of the Residency 101 panel featuring residents of various specialties, in addition to a special collaboration with PLS. The next GBM will be held on February 16 at 12 PM in Salk 402. This meeting will cover the election process and the different positions that will be available for students. Attend if you have any interest being a part of e-board next year!

Follow SSHP on Instagram @sshp.pitt for all our updates.



Valentine's Day Word Search

- | | |
|---------|------------|
| ROMANCE | LOVE |
| PARTNER | CHOCOLATE |
| FRIEND | CANDY |
| CUPID | HEARTS |
| HONEY | HUG |
| CRUSH | KISS |
| SMOOCH | FRIENDSHIP |